Bringing Change to a State Colposcopy Program: Alabama's Rapid Turnaround to Meet the Demand in Rural Settings

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NATIONAL ROUNDTABLE ON CERVICAL CANCER

Disclosures

No financial relationships or conflict of interest to disclose.

Objectives

1. Recognize the barriers to healthcare that carry over to other states
2. Learn what Alabama has developed to enhance mobile colposcopy
3. Learn the process of training Nurse Practitioners/Physician Assistants on colposcopy
4. Learn the credentialing and proctoring process for NP/PA's
5. Moving forward to the future to Wipe Out Cervical Cancer

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Background

Recognized the need for investment in a program to screen and prevent cervical cancer

Alabama started the training program for Nurse Practitioners in 2018

Recognized barriers to patients needing screening and prevention of cervical cancer

- Cost
- Travel
- Child-care
- Fear of travel to large cities

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How We Developed the Program

Recommend using the ASCCP training course to start

Begin hands on training with Nurse Practitioners (at least 6 months)

Developed a protocol for credentialing and proctoring after sufficient hands-on training

Developed a Quality Assurance system to meet quality standards

Developed a continuous training program for more Nurse Practitioners to be trained

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Training New Nurse Practitioners

Currently 7 NPs are in the training process

Utilizing current NP Seniors to help facilitate training

Continuous education for all NPs in the program

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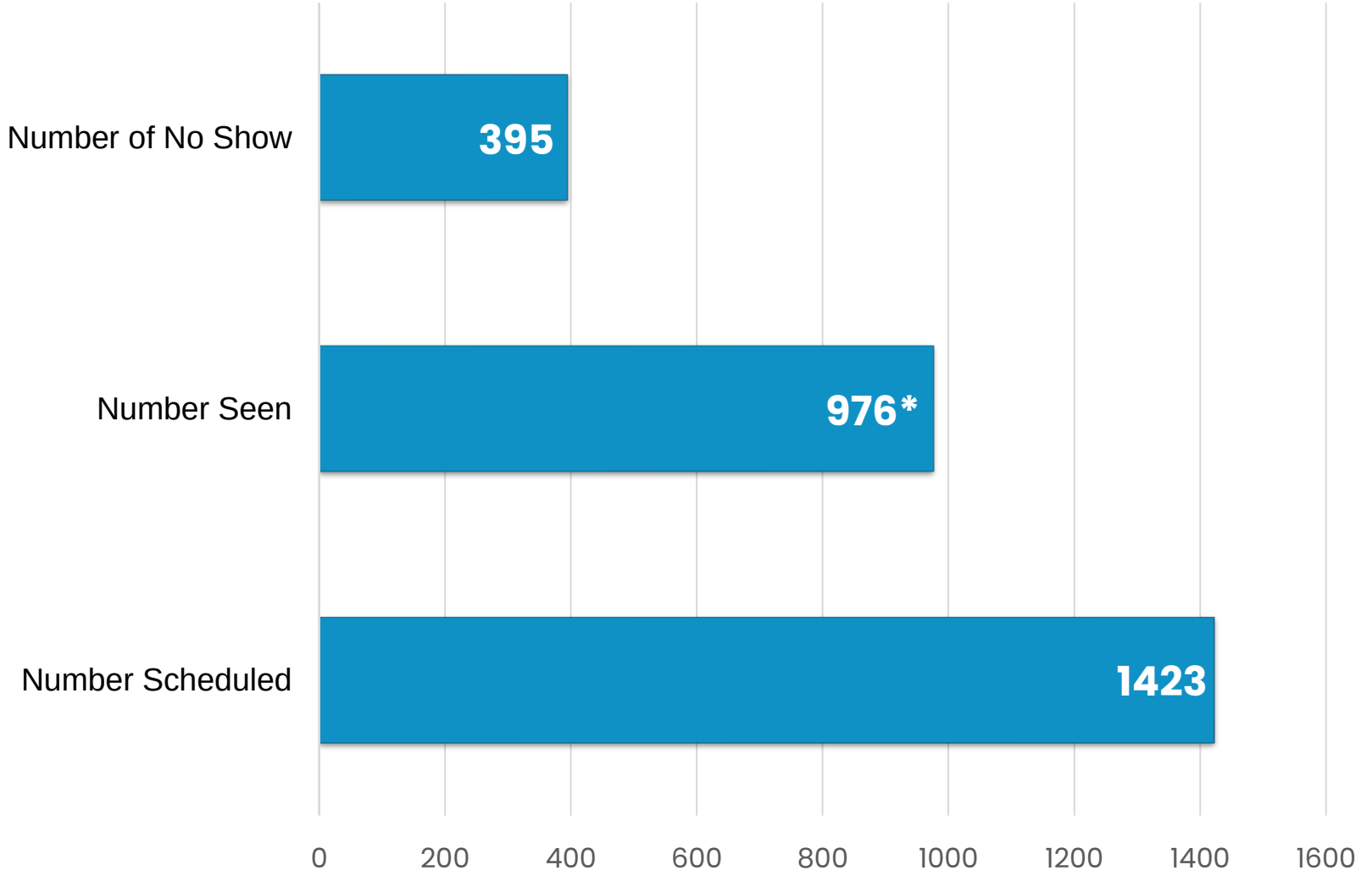
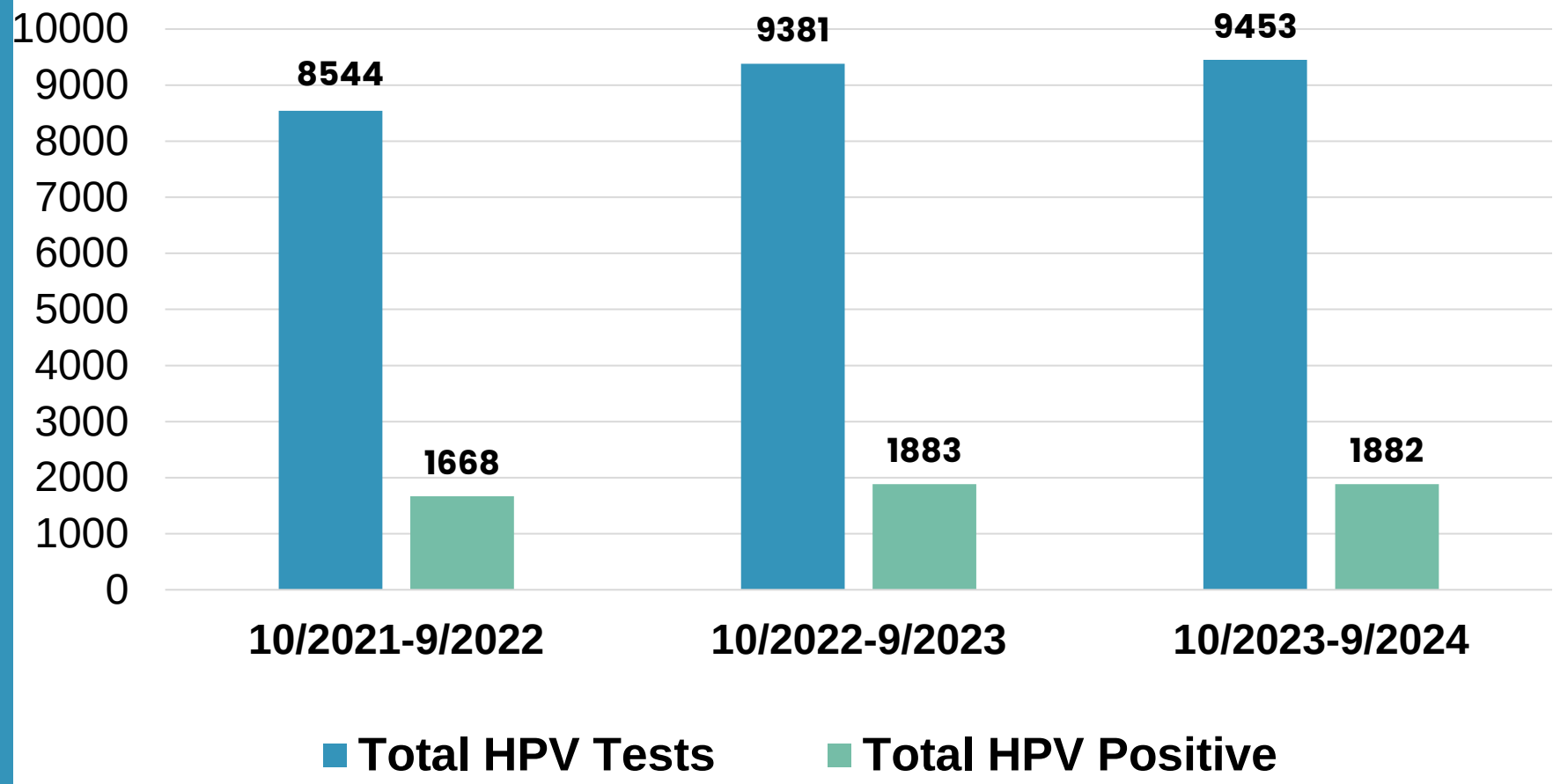
Show Rate FY 2024

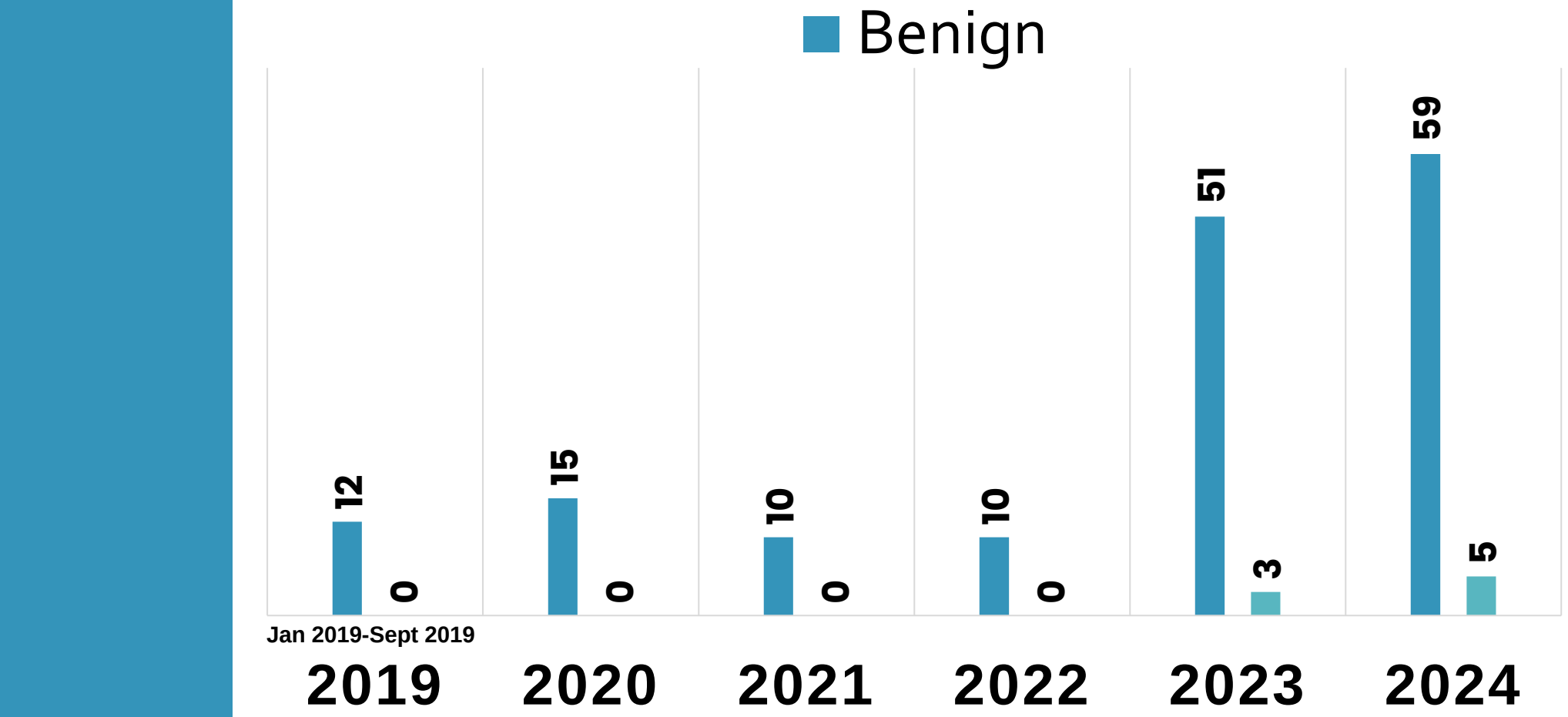


HPV Testing Per Fiscal Year

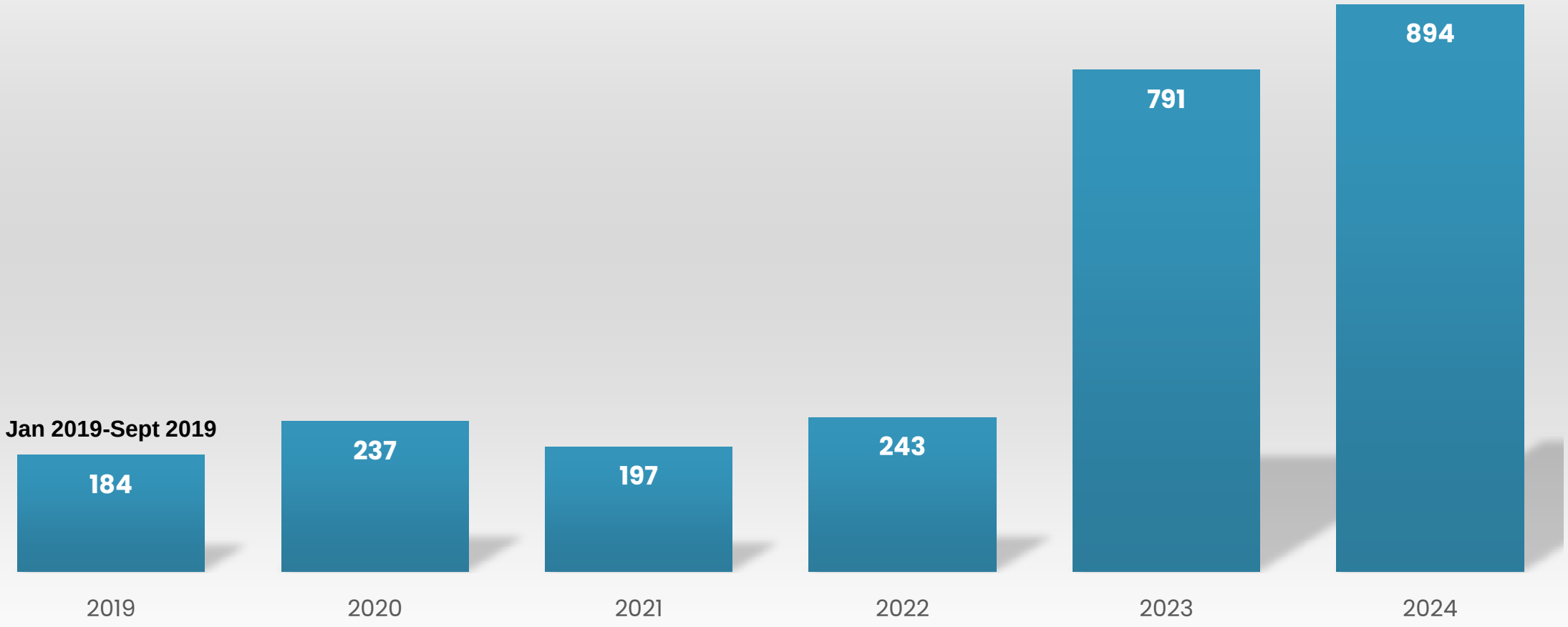


Data provided by LabCorp

FISCAL YEAR EMB FINDINGS



Colposcopy Fiscal Year Totals (Oct 1-Sept 30)



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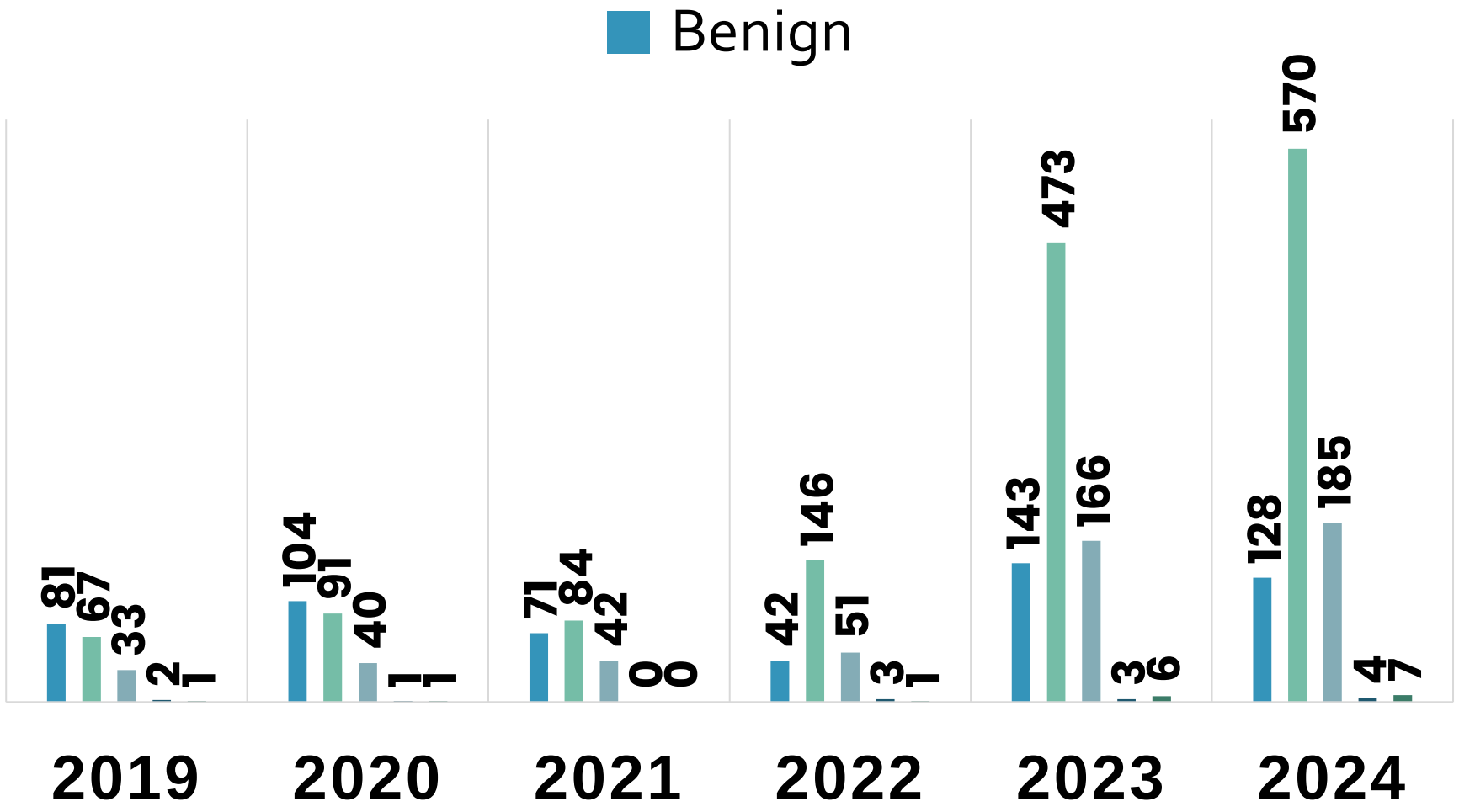
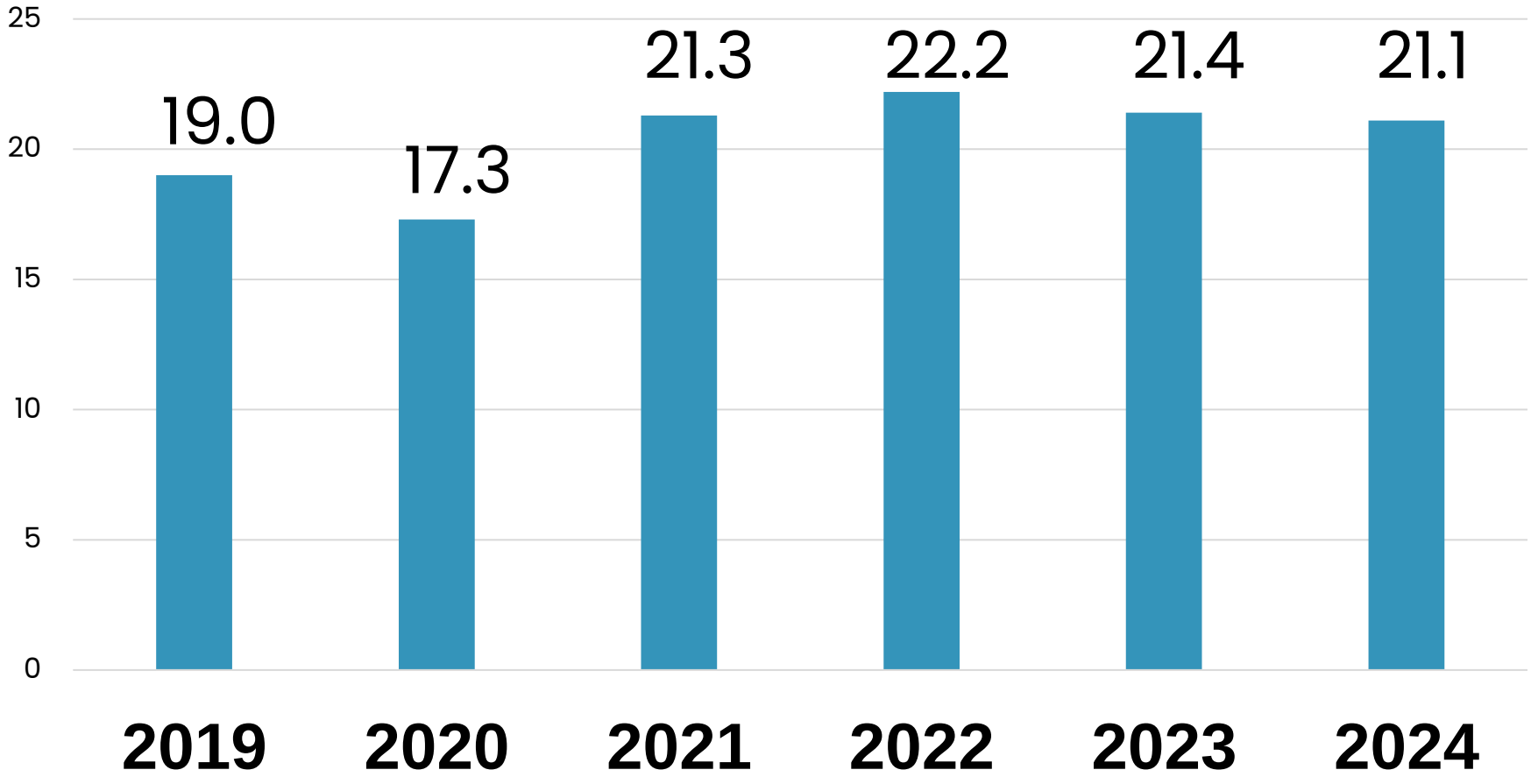
Fiscal Year ECC/CXBX Findings



Percent High Grade
CIN 2/3, CIS



Credentialing Protocol

SCOPE AND PURPOSE

- A process to evaluate the competence of the Nurse Practitioner or Physician Assistant who currently does not have documented evidence of competently performing the colposcopy. This process can also be used when a question arises regarding the ability of a Nurse Practitioner/Physician Assistant to safely and correctly perform colposcopy. This process of focused professional practice evaluation shall be a time limited period during which the collaborating or supervising Physician (Proctor) evaluates and determines the Nurse Practitioner/Physician Assistant's professional performance. Focused professional colposcopy evaluation may include the use of clinical proctoring, external peer review and discussion with other individuals involved in the care of each patient.

II. GUIDELINES

- The Nurse Practitioner/Physician Assistant has the responsibility of taking and passing the ASCCP colposcopy exam. The exam should be taken after the training process and the evaluation is completed. Once the exam has been successfully completed and proctoring completed, then they will be eligible to be credentialed.
- The Nurse Practitioner/Physician Assistant then will set up a time to perform the colposcopies under focused professional practice evaluation with the collaborating or supervising Physician. Cases should be collected and performed under supervision of the collaborating or supervising Physician (Proctor).

Credentialing Protocol

C. Proctoring will then be performed with these minimums to include adequate hemostasis:

1. 12 Cervical biopsies
2. 5 ECCs with adequate cellularity for diagnosis
3. Identify and biopsy 5 high grade lesions (these can be cervical (CIN 2,3), vaginal (VaIN 2,3) or vulvar). If vulvar biopsy is considered as a skill then 2 procedures will need to be proctored
4. 2 Polypectomies

D. Nurse Practitioner/Physician Assistant will then obtain the biopsy results and review with Proctor. They should review the patient's Pap history and compare with the colposcopy biopsy results using the ASCCP guideline app for guidance and plan of care.

III. DOCUMENTATION

- The Proctor will be responsible for keeping up with and turning in the documentation form to the Medical Officer. The Proctoring Form will then be kept in the Nurse Practitioner/Physician Assistant file.
- Note: The proctor is to evaluate Nurse Practitioner/Physician Assistant and instill confidence that the Nurse Practitioner/Physician Assistant is capable of successfully performing the colposcopy and evaluating the results. The proctoring period may be extended for a period to be determined if initial concerns are raised that require further evaluation.

Proctoring Form		
Practitioner_____	Credentials Date_____	
Case 1	Evaluation: [ ] Acceptable [ ] Not Acceptable	Proctor _____
Case 2	Evaluation: [ ] Acceptable [ ] Not Acceptable	Proctor _____
Case 3	Evaluation: [ ] Acceptable [ ] Not Acceptable	Proctor _____
Case 4	Evaluation: [ ] Acceptable [ ] Not Acceptable	Proctor _____
Case 5	Evaluation: [ ] Acceptable [ ] Not Acceptable	Proctor _____
Case 6	Evaluation: [ ] Acceptable [ ] Not Acceptable	Proctor _____
Case 7	Evaluation: [ ] Acceptable [ ] Not Acceptable	Proctor _____
Case 8	Evaluation: [ ] Acceptable [ ] Not Acceptable	Proctor _____
Case 9	Evaluation: [ ] Acceptable [ ] Not Acceptable	Proctor _____
Case 10	Evaluation: [ ] Acceptable [ ] Not Acceptable	Proctor _____
Case 11	Evaluation: [ ] Acceptable [ ] Not Acceptable	Proctor _____
Case 12	Evaluation: [ ] Acceptable [ ] Not Acceptable	Proctor _____

Cases should be reviewed in accordance with protocol.
Additional observations (particularly concerning observations) should be discussed with the practitioner.
Include Case number with comments.

_____

_____

Proctor Sign-off: _____ **Date:** _____

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Questions

- Are we reaching everyone that needs to be reached?
- Are we sincerely trying to overcome barriers to healthcare?
- How can we better get the message out about how HPV vaccination and cervical cancer are related?
- What else can be done to show women how important it is to follow up with abnormal results?

Increasing Access to Colposcopy: Part of Alabama's Efforts to Eliminate Cervical Cancer in Alabama

Increasing HPV Vaccination
Increase HPV/Pap Test Screening
Increase Appropriate Follow-up/Treatment